# Michigan Behavioral Risk Factor Surveillance System

**Selected Tables from the 1999 Survey** 

Michigan Department of Community Health
Health Administration
Bureau of Epidemiology
Division of Epidemiology Services
Chronic Disease Epidemiology Section
517-335-9080

### **End of Life Issues**

Michigan Adults, 1999

Demographic Characteristics	Prepared any Legal Documents <sup>1</sup>	Ever Heard of Hospice <sup>2</sup>	Insurance Cover Hospice Care <sup>3</sup>	Right to Refuse Medical Treatment <sup>4</sup>
TOTAL	29.3 ± 1.9	84.6 ± 1.6	$36.5 \pm 2.3$	74.0 ± 1.9
AGE  18-24 Years  25-34 Years  35-44 Years  45-54 Years  55-64 Years  65-74 Years  75 + Years	$14.3 \pm 4.7$ $17.6 \pm 3.7$ $20.8 \pm 3.6$ $29.6 \pm 4.6$ $42.7 \pm 6.2$ $53.7 \pm 6.6$ $60.1 \pm 7.7$	$64.7 \pm 6.6$ $83.7 \pm 3.5$ $90.4 \pm 2.8$ $87.8 \pm 3.6$ $89.0 \pm 4.4$ $89.9 \pm 4.1$ $83.4 \pm 5.9$	$29.9 \pm 8.4$ $36.9 \pm 5.5$ $38.7 \pm 4.9$ $35.2 \pm 5.3$ $36.1 \pm 6.4$ $45.2 \pm 7.1$ $28.5 \pm 7.6$	$74.6 \pm 6.1$ $73.0 \pm 4.3$ $81.0 \pm 3.5$ $77.0 \pm 4.4$ $73.4 \pm 5.5$ $64.2 \pm 6.4$ $61.5 \pm 7.5$
GENDER Male Female	$28.5 \pm 3.0 \\ 30.0 \pm 2.5$	77.8 ± 2.9 90.8 ± 1.6	$36.9 \pm 3.7$ $36.2 \pm 3.0$	72.4 ± 3.0 75.5 ± 2.4
RACE White Black	$30.5 \pm 2.1$ $21.1 \pm 5.1$	88.1 ± 1.6 64.2 ± 6.3	35.5 ± 2.5 46.9 ± 8.3	$74.8 \pm 2.0$ $71.0 \pm 6.0$
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$32.2 \pm 6.6$ $28.5 \pm 3.4$ $29.1 \pm 3.5$ $29.6 \pm 3.7$	$70.1 \pm 6.9$ $79.3 \pm 3.3$ $88.7 \pm 2.6$ $91.6 \pm 2.2$	$35.1 \pm 8.8$ $36.3 \pm 4.2$ $36.9 \pm 4.2$ $36.7 \pm 4.2$	$66.1 \pm 6.7$ $70.0 \pm 3.5$ $77.4 \pm 3.2$ $78.3 \pm 3.4$
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$26.4 \pm 4.6$ $28.2 \pm 3.9$ $28.2 \pm 4.8$ $25.7 \pm 4.6$ $33.7 \pm 5.5$	$82.3 \pm 4.2$ $78.9 \pm 3.9$ $87.8 \pm 3.8$ $91.6 \pm 3.0$ $90.1 \pm 3.6$	$29.5 \pm 6.3$ $35.7 \pm 5.0$ $44.2 \pm 5.8$ $38.9 \pm 5.5$ $35.7 \pm 5.9$	$71.0 \pm 4.9$ $72.0 \pm 4.1$ $75.3 \pm 4.6$ $76.8 \pm 4.5$ $79.5 \pm 4.7$

<sup>&</sup>lt;sup>1</sup> "Have you prepared any legal documents that would help your family make health care decisions for you if you were to become unable to make decisions for yourself?"

<sup>&</sup>lt;sup>2</sup> "Have you ever heard of hospice care?"

<sup>&</sup>lt;sup>3</sup> "Would your current health insurance cover the cost of hospice care?" "Don't know" was considered a valid answer (52.5%). Among those with health insurance.

<sup>4</sup> "From anything you may have heard or read, do people in Michigan have the right to refuse medical treatment,

<sup>&</sup>lt;sup>4</sup> "From anything you may have heard or read, do people in Michigan have the right to refuse medical treatment, even if it might hasten their death?" "Don't know" was considered a valid answer (16.8%).

### **Health Care Access**

Michigan Adults, 1999

Demographic Characteristics	Had Health Care Coverage Ages 18+1	Cost Prevented Doctor Visit <sup>2</sup>	Routine Checkup in Last Year <sup>3</sup>	
TOTAL	91.9 ± 1.2	7.8 ± 1.1	72.1 ± 1.9	
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years	83.9 ± 4.9 88.7 ± 3.1 89.7 ± 2.8 96.3 ± 1.9 94.3 ± 3.0	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	
65-74 Years 75+ Years	$ \begin{array}{cccc} 100.0 & \pm & 0.0 \\ 97.7 & \pm & 1.3 \end{array} $	$\begin{array}{ccccc} 5.0 & \pm & 2.7 \\ 2.9 & \pm & 2.9 \end{array}$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	
GENDER Male Female	91.7 ± 1.9 92.2 ± 1.5	6.4 ± 1.6 9.1 ± 1.6	64.4 ± 3.2 79.2 ± 2.3	
RACE White Black	93.1 ± 1.2 86.2 ± 4.5	$\begin{array}{cccc} 6.9 & \pm & 1.2 \\ 11.9 & \pm & 4.1 \end{array}$	69.8 ± 2.2 85.1 ± 4.4	
EDUCATION  Less than High School High School Graduate Some College College Graduate	85.0 ± 5.3 89.9 ± 2.4 91.3 ± 2.2 98.0 ± 1.0	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ 78.7   \pm   5.9  70.7   \pm   3.5  71.1   \pm   3.6  72.7   \pm   3.7 $	
<b>HOUSEHOLD INCOME</b> <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	83.9 ± 4.0 88.9 ± 3.0 92.8 ± 2.9 97.6 ± 1.7 98.8 ± 1.1	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ 74.8   \pm   4.9  71.6   \pm   4.0  70.8   \pm   4.9  67.6   \pm   5.1  72.3   \pm   5.3 $	

 $<sup>^{1}\,</sup>$  Proportion of respondents aged 18 and older who reported they had any kind of health care coverage.

<sup>&</sup>lt;sup>2</sup> Proportion of respondents who reported that there was a time during the previous 12 months when they needed to see a doctor but could not because of the cost.

<sup>&</sup>lt;sup>3</sup> Proportion of respondents who reported that they had a routine checkup within the past year.

### **Health Status**

Michigan Adults, 1999

(percentages and means, with 95% confidence interval limits)

Demographic Characteristics	General Health Fair or Poor <sup>1</sup> (percentage)	Physical Health Poor <sup>2</sup> (mean days)	Mental Health Poor <sup>3</sup> (mean days)	Limited Activity <sup>4</sup> (mean days)
TOTAL	11.7 ± 1.3	3.4 ± 0.4	3.4 ± 0.4	1.8 ± 0.2
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years 75+ Years	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
GENDER Male Female	9.5 ± 1.8 13.7 ± 1.9	$\begin{array}{cccc} 2.8 & \pm & 0.4 \\ 3.9 & \pm & 0.4 \end{array}$	$\begin{array}{cccc} 2.5 & \pm & 0.4 \\ 4.3 & \pm & 0.4 \end{array}$	$\begin{array}{ccc} 1.5 & \pm & 0.4 \\ 2.0 & \pm & 0.4 \end{array}$
RACE White Black	9.9 ± 1.3 21.2 ± 5.2	$3.4 \pm 0.4  3.5 \pm 1.0$	$3.2 \pm 0.4 \\ 4.7 \pm 1.2$	$ \begin{array}{cccc} 1.6 & \pm & 0.2 \\ 2.7 & \pm & 0.8 \end{array} $
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{ccccc} 6.3 & \pm & 1.6 \\ 3.5 & \pm & 0.6 \\ 3.5 & \pm & 0.6 \\ 2.0 & \pm & 0.4 \end{array}$	$\begin{array}{cccc} 4.2 & \pm & 1.2 \\ 3.8 & \pm & 0.6 \\ 3.7 & \pm & 0.6 \\ 2.4 & \pm & 0.4 \end{array}$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$5.0   \pm 1.0  4.4   \pm 0.8  2.3   \pm 0.6  3.3   \pm 0.8  2.5   \pm 0.6$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who said that their health, in general, was fair or poor.

<sup>&</sup>lt;sup>2</sup> Mean number of days during the past 30 days in which physical health (including illness and injury) was not good.

<sup>&</sup>lt;sup>3</sup> Mean number of days during the past 30 days in which mental health (including stress, depression, and problems with emotions) was not good.

<sup>&</sup>lt;sup>4</sup> Mean number of days during the past 30 days in which poor physical or mental health kept respondent from doing usual activities, such as self-care, work, or recreation.

# **Diabetes**Michigan Adults, 1999 (in percentages with 95% confidence interval limits)

Demographic Characteristics	H	Ever Told Have Diabetes <sup>1</sup>			
TOTAL	5.6	±	0.9		
AGE 18-34 Years 35-54 Years 55+ Years	0.9 4.0 13.1	± ± ±	0.6 1.3 2.6		
<b>GENDER</b> Male Female	6.3 4.9	± ±	1.5 1.2		
RACE White Black	4.7 9.1	± ±	1.0 3.5		
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	13.9 5.1 3.7 4.6	± ± ±	4.8 1.6 1.4 1.7		
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	9.3 7.0 3.2 3.6 3.7	± ± ± ±	3.2 2.2 1.7 1.9 2.2		

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who reported that they had ever been told by a doctor that they had diabetes (gestational diabetes excluded).

# **Cigarette Smoking Status** Michigan Adults, 1999

Demographic Characteristics	Current Smoker <sup>1</sup>	Former Smoker <sup>2</sup>	Never Smoked
TOTAL	25.7 ± 1.9	23.4 ± 1.8	50.9 ± 2.1
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years 75+ Years	$33.4 \pm 6.4$ $28.9 \pm 4.4$ $34.1 \pm 4.3$ $25.2 \pm 4.3$ $19.1 \pm 4.9$ $13.0 \pm 4.5$ $5.6 \pm 3.8$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$58.2   \pm   6.6$ $59.2   \pm   4.7$ $47.7   \pm   4.5$ $45.2   \pm   5.0$ $44.1   \pm   6.2$ $47.1   \pm   6.6$ $53.9   \pm   7.6$
GENDER Male Female	$\begin{array}{cccc} 27.5 & \pm & 3.0 \\ 23.9 & \pm & 2.4 \end{array}$	$\begin{array}{cccc} 26.6 & \pm & 2.9 \\ 20.5 & \pm & 2.2 \end{array}$	$45.9 \pm 3.3$ $55.6 \pm 2.7$
RACE White Black	25.3 ± 2.0 28.5 ± 5.8	$\begin{array}{cccc} 24.3 & \pm & 2.0 \\ 19.3 & \pm & 5.2 \end{array}$	50.4 ± 2.3 52.2 ± 6.3
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$   \begin{array}{rcl}     36.8 & \pm & 6.9 \\     30.5 & \pm & 3.5 \\     28.0 & \pm & 3.5 \\     13.1 & \pm & 2.7   \end{array} $	$\begin{array}{cccc} 24.6 & \pm & 6.2 \\ 24.3 & \pm & 3.2 \\ 22.6 & \pm & 3.2 \\ 22.8 & \pm & 3.4 \end{array}$	$38.6 \pm 6.7$ $45.2 \pm 3.7$ $49.4 \pm 3.9$ $64.1 \pm 3.9$
<b>HOUSEHOLD INCOME</b> <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$ 30.9 \pm 4.9  28.7 \pm 4.1  29.5 \pm 5.0  23.4 \pm 4.5  16.0 \pm 4.3 $	$\begin{array}{ccccc} 20.7 & \pm & 4.3 \\ 25.4 & \pm & 3.8 \\ 21.1 & \pm & 4.2 \\ 20.0 & \pm & 4.2 \\ 26.4 & \pm & 5.1 \end{array}$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who reported that they had ever smoked at least 100 cigarettes in their life and that they smoke cigarettes now.

<sup>&</sup>lt;sup>2</sup> Proportion of respondents who reported that they had ever smoked at least 100 cigarettes in their life but that they do not smoke cigarettes now.

Cigarettes Smoked per Day
Michigan Adults Who Currently Smoke Cigarettes, 1999¹
(in percentages and means with 95% confidence interval limits)

Demographic Characteristics	1-19 Cigarettes Per Day (percentage)	20-39 Cigarettes Per Day (percentage)	40+ Cigarettes Per Day (percentage)	Number of Cigarettes Per Day (mean)
TOTAL	52.3 ± 4.3	42.6 ± 4.3	5.1 ± 2.0	16.1 ± 0.8
AGE 18-34 Years 35-54 Years 55+ Years	61.0 ± 7.0 46.5 ± 6.2 46.9 ± 10.8	$ 37.9 \pm 7.0 \\ 44.2 \pm 6.1 \\ 50.3 \pm 10.8 $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{rcl} 13.8 & \pm & 1.2 \\ 18.0 & \pm & 1.4 \\ 16.6 & \pm & 2.0 \end{array} $
GENDER Male Female	45.4 ± 6.4 59.6 ± 5.6	48.3 ± 6.4 36.6 ± 5.4	$6.3 \pm 3.1 \\ 3.8 \pm 2.4$	17.4 ± 1.4 14.7 ± 1.2
RACE White Black	49.8 ± 4.7 65.1 ± 12.2	45.3 ± 4.7 28.3 ± 11.6	4.9 ± 2.1 6.6 ± 6.8	$ \begin{array}{rcl} 16.5 & \pm & 1.0 \\ 14.4 & \pm & 2.5 \end{array} $
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$47.8 \pm 12.1  46.5 \pm 6.9  59.1 \pm 7.3  57.0 \pm 11.3$	46.3 ± 12.2 47.1 ± 6.9 36.6 ± 7.1 40.5 ± 11.3	$5.9 \pm 6.5 \\ 6.4 \pm 3.7 \\ 4.3 \pm 2.6 \\ 2.5 \pm 3.0$	$   \begin{array}{rcl}     17.1 & \pm & 2.5 \\     17.6 & \pm & 1.1 \\     15.0 & \pm & 1.1 \\     13.5 & \pm & 2.2   \end{array} $
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$47.8 \pm 9.5$ $57.3 \pm 8.3$ $42.0 \pm 10.0$ $55.2 \pm 11.0$ $52.0 \pm 15.0$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$3.1 \pm 3.3^{*}$ $2.6 \pm 2.3$ $6.8 \pm 5.8$ $4.4 \pm 4.4$ $13.4 \pm 9.8$	$   \begin{array}{rcl}     16.7 & \pm & 1.6 \\     14.8 & \pm & 1.4 \\     18.1 & \pm & 2.4 \\     15.5 & \pm & 2.2 \\     17.4 & \pm & 3.5   \end{array} $

<sup>&</sup>lt;sup>1</sup> n=644 Current Smokers.

Confidence interval (95%) exceeds range of possible estimates.

	Quitting Behaviors Among Former and Daily Smokers (in percentages and means with 95% confidence interval limits)						
Demographic Characteristics			Who Quit o or More	Quit Sn	Current Daily Smokers Who Quit Smoking One Day or Longer in Past Year <sup>2</sup>		
TOTAL	83.8	±	3.3	56.6	±	4.8	
AGE 18-34 Years 35-54 Years 55+ Years	51.2 82.5 94.7	± ± ±	12.2 5.4 2.5	68.1 52.1 39.6	± ± ±	7.5 7.0 11.6	
GENDER Male Female	84.9 82.6	± ±	4.7 4.5	60.7 52.2	± ±	7.0 6.4	
RACE White Black	83.9 86.5	± ±	3.5 10.1	54.0 66.0	± ±	5.3 13.2	
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	88.4 81.3 84.5 84.1	± ± ±	8.4 6.3 5.8 6.2	49.4 55.6 62.6 52.3	± ± ±	13.3 7.4 8.0 14.4	
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$75,000	85.6 84.0 83.3 81.6 84.3	± ± ± ±	8.1 6.4 8.5 9.5 8.4	61.4 54.4 59.1 55.9 46.1	± ± ± ±	10.3 9.6 11.2 12.3 17.7	

<sup>&</sup>lt;sup>1</sup> n=603 Former smokers. <sup>2</sup> n=498 Current daily smokers was defined as respondents who smoked at least 100 cigarettes in their lifetime and currently smoke everyday.

### Weight Status 1

Michigan Adults, 1999

(in percentages with 95% confidence interval limits)

Demographic Characteristics	Overweight	Healthy Range	Underweight		
TOTAL	36.8 ± 2.1	58.8 ± 2.2	4.4 ± 0.9		
AGE  18-24 Years  25-34 Years  35-44 Years  45-54 Years  55-64 Years  65-74 Years  75+ Years	$   \begin{array}{rcl}     17.7 & \pm & 5.5 \\     32.7 & \pm & 4.8 \\     36.4 & \pm & 4.4 \\     46.5 & \pm & 5.2 \\     52.3 & \pm & 6.3 \\     44.5 & \pm & 6.6 \\     25.8 & \pm & 6.7   \end{array} $	$70.4 \pm 6.4$ $63.5 \pm 4.9$ $59.7 \pm 4.5$ $51.7 \pm 5.2$ $46.3 \pm 6.3$ $52.3 \pm 6.7$ $68.0 \pm 7.3$	$ \begin{array}{rcl} 11.9 & \pm & 4.4 \\ 3.8 & \pm & 1.8 \\ 3.9 & \pm & 1.7 \\ 1.8 & \pm & 1.4 \\ 1.4 & \pm & 1.4 \\ 3.2 & \pm & 2.7 \\ 6.2 & \pm & 4.1 \end{array} $		
GENDER Male Female  RACE White Black	$38.9 \pm 3.2$ $34.9 \pm 2.7$ $35.5 \pm 2.3$ $48.8 \pm 6.5$	57.1 ± 3.3 60.4 ± 2.8 59.8 ± 2.3 48.8 ± 6.5	$4.0 \pm 1.3$ $4.7 \pm 1.3$ $4.7 \pm 1.1$ $2.4 \pm 1.8$		
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$55.7 \pm 7.1$ $55.2 \pm 3.8$ $58.8 \pm 3.9$ $64.3 \pm 4.0$	$ \begin{array}{rcl} 2.0 & \pm & 1.7 \\ 5.2 & \pm & 1.8 \\ 5.1 & \pm & 1.8 \\ 3.5 & \pm & 1.5 \end{array} $		
<b>HOUSEHOLD INCOME</b> <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$56.7 \pm 5.4$ $55.5 \pm 4.5$ $58.3 \pm 5.4$ $61.6 \pm 5.3$ $61.2 \pm 5.7$	$3.1   \pm 1.9  4.5   \pm 1.8  4.2   \pm 2.3  3.2   \pm 1.9  4.5   \pm 2.6$		

¹Prevalence estimates for weight status were based on body mass index (BMI) as calculated from the self-reported weight and height measurements. Body mass index is defined as weight (in kilograms) divided by height (in meters) squared [weight in kg/(height in meters)²]. Weight status categories were defined as follows: Overweight: (\$85th percentile) \$27.8 BMI for males and \$27.3 BMI for females; Healthy Weight: (>15th and <85th percentile) >20.7 to <27.8 BMI for males and >19.1 to <27.3 BMI for females; Underweight: (#15th percentile) #20.7 BMI for males and #19.1 BMI for females. Pregnant women were excluded from this analysis.

### **Clinical Breast Exam**

Women 20 Years of Age and Older<sup>1</sup> Michigan, 1999

Demographic Characteristics	Ever Had Clinical Breast Exam		Had Appropriately-timed Screening Clinical Breast Exam <sup>2</sup>				
TOTAL	92.5	±	1.6	•	77.7	±	2.4
AGE							
20-29 Years	82.9	±	5.6		80.0	±	6.0
30-39 Years	94.2	$\pm$	2.8		87.4	$\pm$	3.9
40-49 Years	98.9	$\pm$	1.1		78.2	$\pm$	5.2
50-59 Years	96.4	土	3.0		76.3	±	6.7
60-69 Years	95.5	$\pm$	3.2		79.8	±	6.8
70 + Years	86.3	±	5.4		58.5	±	7.7
RACE							
White	92.8	±	1.7		77.9	±	2.6
Black	92.7	±	4.0		79.1	±	6.7
EDUCATION							
Less than High School	89.0	$\pm$	5.7		59.7	$\pm$	9.7
High School Graduate	91.8	±	2.6		72.2	±	4.5
Some College	90.4	$\pm$	3.3		79.6	$\pm$	4.2
College Graduate	97.7	±	1.6		89.5	±	3.4
HOUSEHOLD INCOME							
<\$20,000	85.7	±	4.5		63.0	±	6.4
\$20,000-34,999	92.6	±	3.3		76.5	±	5.1
\$35,000-49,999	94.5	$\pm$	3.4		80.5	$\pm$	5.9
\$50,000-74,999	96.8	$\pm$	2.8		83.8	$\pm$	5.7
\$\$75,000	98.9	$\pm$	2.2		92.7	$\pm$	4.4

<sup>&</sup>lt;sup>1</sup> n=1426 women aged 20 or older.

<sup>&</sup>lt;sup>2</sup> Proportion of female respondents 20 years of age and older whose last clinical breast exam was within the previous three years for women 20-39 years and within the previous year for women 40 years of age and older. Respondents whose last clinical breast exam was done because of breast cancer or other breast problems were not included in this analysis.

### **Leisure-Time Physical Activity**

Michigan Adults, 1999

Demographic Characteristics	No	Activi	ty 1	<3 time 20 minu			<5 tim 30 min		
TOTAL	24.4	±	1.8	54.3	±	2.2	76.8	±	1.8
AGE						_			
18-24 Years	20.6	$\pm$	5.4	47.6	$\pm$	6.8	73.5	±	6.0
25-34 Years	18.8	土	3.6	49.4	$\pm$	4.9	75.8	±	4.2
35-44 Years	22.5	$\pm$	3.8	56.7	$\pm$	4.5	79.9	±	3.6
45-54 Years	24.0	$\pm$	4.3	56.0	$\pm$	5.1	79.4	±	4.1
55-64 Years	31.1	$\pm$	5.8	58.8	$\pm$	6.1	77.8	±	5.1
65-74 Years	28.9	$\pm$	6.1	51.8	$\pm$	6.7	67.1	$\pm$	6.2
75+ Years	36.6	±	7.3	64.0	±	7.3	80.6	±	6.0
GENDER									
Male	22.0	±	2.7	54.7	±	3.3	75.4	±	2.8
Female	26.5	±	2.5	53.9	±	2.8	78.2	$\pm$	2.3
RACE									
White	22.9	±	1.9	53.0	±	2.4	76.5	±	2.0
Black	34.4	±	6.0	63.2	±	6.1	80.7	$\pm$	5.0
EDUCATION									
Less than High School	33.6	$\pm$	6.6	63.9	$\pm$	6.8	77.9	$\pm$	5.8
High School Graduate	30.3	$\pm$	3.4	62.9	$\pm$	3.7	80.3	$\pm$	3.0
Some College	24.6	±	3.3	50.1	±	3.9	73.9	±	3.5
College Graduate	13.5	±	2.8	45.1	±	4.1	75.6	±	3.4
HOUSEHOLD INCOME									
<\$20,000	36.4	$\pm$	5.1	59.1	$\pm$	5.4	75.7	$\pm$	4.8
\$20,000-34,999	26.9	$\pm$	3.9	60.6	$\pm$	4.4	79.1	±	3.6
\$35,000-49,999	21.7	$\pm$	4.5	51.8	$\pm$	5.4	75.7	$\pm$	4.6
\$50,000-74,999	18.7	$\pm$	4.1	49.0	$\pm$	5.4	77.2	±	4.4
\$\$75,000	13.1	±	2.9	41.6	$\pm$	5.8	73.2	$\pm$	5.1

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who said they did <u>not</u> participate in any physical activities, recreation, or exercises in their leisure time (such as running, golf, or walking for exercise) within the past month.

<sup>&</sup>lt;sup>2</sup> Proportion of respondents who said they did <u>not</u> participate in leisure-time physical activities (such as running, golf, or walking for exercise) three or more times per week for a minimum of 20 minutes per session, within the past month.

<sup>&</sup>lt;sup>3</sup> Proportion of respondents who said they did <u>not</u> engage in leisure-time physical activity (such as running, golf, or walking for exercise) for a minimum of 30 minutes 5 times per week, within the past month.

### Mammography

Women 40 Years of Age and Older<sup>1</sup> Michigan, 1999

Demographic Characteristics	Ever Had Mammogram	Mammography Screening in Past Year <sup>2</sup>	Had Both Mammogram and Clinical Breast Screening in Past Year <sup>3</sup>		
TOTAL	89.3 ± 2.3	64.6 ± 3.6	57.6 ± 3.7		
AGE 40-49 Years 50-64 Years 65+ Years	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{rcl} 62.8 & \pm & 5.3 \\ 75.4 & \pm & 7.3 \\ 61.2 & \pm & 6.4 \end{array} $	$ 57.6 & \pm 5.4 \\ 67.5 & \pm 7.9 \\ 52.1 & \pm 6.6 $		
RACE White Black	90.2 ± 2.3 85.1 ± 7.9	64.6 ± 3.9 63.5 ± 11.1	57.7 ± 4.0 58.0 ± 11.4		
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$53.3   \pm 11.1  58.2   \pm 6.2  70.0   \pm 6.6  74.4   \pm 6.6$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$75,000	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$53.5   \pm 8.3$ $63.8   \pm 7.6$ $63.8   \pm 9.6$ $58.3   \pm 11.3$ $79.6   \pm 8.3$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$		

<sup>&</sup>lt;sup>1</sup> n=884 women aged 40 years or older.

<sup>&</sup>lt;sup>2</sup>Proportion of female respondents 40 years and older who reported having had a routine mammogram within the past year. Respondents whose last mammogram was done because of breast cancer or other breast problems were not included in this analysis.

<sup>&</sup>lt;sup>3</sup> Proportion of female respondents aged 40 and older who had both a clinical breast exam and a mammography screening within the previous year.

**Cervical Cancer Screening** Women 18 Years of Age and Older<sup>1</sup> Michigan, 1999

Demographic Characteristics	Ever Had Pap Test		Appropriately-timed Pap Screening Test <sup>2</sup>				
TOTAL	95.0	±	1.3		84.4	±	2.2
AGE			<del></del>	_			
18-29 Years	84.5	$\pm$	5.2		79.4	$\pm$	6.0
30-39 Years	97.4	$\pm$	2.1		91.0	$\pm$	3.5
40-49 Years	100.0	±	0.0		93.1	$\pm$	3.3
50-59 Years	99.4	±	1.1*		85.5	$\pm$	5.5
60-69 Years	95.6	$\pm$	3.1		79.9	$\pm$	6.6
70+ Years	94.3	±	3.4		70.4	±	7.1
RACE							
White	95.3	$\pm$	1.4		84.5	$\pm$	2.3
Black	94.9	±	3.8		85.7	±	6.0
EDUCATION							
Less than High School	93.7	±	3.8		73.7	$\pm$	8.3
High School Graduate	94.6	$\pm$	2.4		81.3	$\pm$	3.9
Some College	92.8	$\pm$	2.9		83.4	$\pm$	4.0
College Graduate	99.4	±	0.6		94.2	±	2.5
HOUSEHOLD INCOME							
<\$20,000	92.7	$\pm$	3.6		75.3	±	5.7
\$20,000-34,999	98.2	±	1.3		87.9	$\pm$	3.9
\$35,000-49,999	92.6	±	4.3		84.5	$\pm$	5.8
\$50,000-74,999	96.4	$\pm$	3.2		87.1	$\pm$	5.3
\$\$75,000	98.7	$\pm$	$2.2^{*}$		96.1	$\pm$	3.6

<sup>&</sup>lt;sup>1</sup> n=1472 women aged 18 and older.

<sup>&</sup>lt;sup>2</sup> Proportion of all female respondents aged 18 and older who had a Pap test within the previous three years. Respondents whose last Pap test was done because of a problem were not included in this analysis.

<sup>\*</sup>Confidence interval (95%) exceeds possible limits.

### **HIV/AIDS Perceived Risk and Screening**

Adults 18-64 Years of Age<sup>1</sup> Michigan, 1999 (in percentages with 95% confidence interval limits)

Demographic Characteristics			etting HIV Iedium <sup>2</sup>	1	Ever tested for HIV <sup>3</sup>		
TOTAL	6.2	±	1.2	42.8	±	2.3	
AGE							
18-24 Years	11.2	$\pm$	4.1	37.9	$\pm$	6.4	
25-34 Years	5.2	$\pm$	2.1	62.0	$\pm$	4.7	
35-44 Years	6.0	$\pm$	2.2	45.7	$\pm$	4.4	
45-54 Years	5.6	$\pm$	2.2	33.6	$\pm$	4.6	
55-64 Years	4.1	$\pm$	2.6	23.0	$\pm$	5.1	
GENDER							
Male	7.0	±	1.9	41.5	±	3.5	
Female	5.6	$\pm$	1.4	44.0	$\pm$	3.0	
RACE							
White	5.5	±	1.2	40.6	±	2.5	
Black	9.0	$\pm$	4.1	61.2	$\pm$	6.6	
EDUCATION							
Less than High School	13.8	$\pm$	6.8	45.4	±	8.8	
High School Graduate	5.6	$\pm$	1.9	38.1	±	4.1	
Some College	7.4	$\pm$	2.2	48.0	$\pm$	4.2	
College Graduate	3.8	±	1.5	44.7	±	4.3	
HOUSEHOLD INCOME							
<\$20,000	10.4	±	4.4	49.0	±	6.6	
\$20,000-34,999	5.2	$\pm$	2.2	45.3	±	5.1	
\$35,000-49,999	7.3	$\pm$	2.9	39.5	±	5.5	
\$50,000-74,999	4.5	$\pm$	2.2	46.7	±	5.4	
\$\$75,000	3.8	±	2.3	46.6	$\pm$	5.9	

n=2033 adults aged 18-64 years.
 Proportion of respondents who reported "high" or "medium" to the question "What are your chances of getting infected with HIV, the virus that causes AIDS?"

<sup>&</sup>quot;Don't know"  $[0.7\% (\pm 0.4)]$  was considered a valid response.

<sup>&</sup>lt;sup>3</sup> Proportion of respondents who said "yes" to the question "Have you ever had your blood tested for HIV?" "Don't know" [2.7% (±0.8)] was considered a valid response.

### **Attitudes Toward Condom Use and AIDS Education**

Adults 18-64 Years of Age<sup>1</sup>
Michigan, 1999
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Mear	n Grade Educat	for AIDS	_	Condom Use Among by Active Teens <sup>3</sup>
TOTAL	4.8	±	0.2	88.5	± 1.5
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years	5.0 4.5 4.9 5.2 4.6	± ± ±	0.4 0.2 0.2 0.2 0.4	94.2 90.7 88.8 86.3 81.1	± 3.1 ± 2.9 ± 2.9 ± 3.6 ± 4.9
GENDER Male Female	5.3 4.4	± ±	0.2 0.2	87.9 89.9	± 2.4 ± 1.9
RACE White Black	4.9 4.5	± ±	0.2 0.4	89.1 89.0	± 1.6 ± 4.4
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	4.9 5.1 4.6 4.9	± ± ±	0.4 0.2 0.2 0.2	88.3 89.1 89.4 87.0	$\pm$ 5.6 $\pm$ 2.6 $\pm$ 2.6 $\pm$ 3.0
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	4.4 4.8 4.9 5.0 4.9	± ± ± ±	0.2 0.4 0.2 0.2 0.2	90.7 91.1 87.6 89.6 90.6	$\pm 4.0$ $\pm 2.7$ $\pm 3.7$ $\pm 3.3$ $\pm 3.5$

 $<sup>^{\</sup>scriptscriptstyle 1}$  n=2033 adults aged 18-64 years.

<sup>&</sup>lt;sup>2</sup> Of the respondents who indicated that children should receive HIV/AIDS education, the mean grade at which this education should be received.

Proportion of respondents who reported that if they had a teenager who was sexually active they would encourage him or her to use a condom. "Don't know" [1.2% ( $\pm 0.5$ )] and "Would give other advice" [7.3% ( $\pm 1.2$ )] were considered valid responses.

### **Immunization Indicators**

Adults 65 Years and Older, 19991

Demographic Characteristics	Had Flu Shot In Past Year <sup>2</sup>	Ever Had Pneumonia Vaccination <sup>3</sup>
TOTAL	69.9 ± 4.6	57.4 ± 5.0
GENDER Male Female	73.5 ± 7.2 67.4 ± 5.9	56.1 ± 8.3 58.3 ± 6.2
RACE White Black	72.3 ± 4.6 50.1 ±18.3	58.9 ± 5.2 43.4 ±18.5
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	66.9 ±10.4 68.1 ± 7.3 68.5 ± 9.8 79.8 ± 9.8	$58.8 \pm 11.1$ $53.9 \pm 7.8$ $57.8 \pm 10.5$ $65.2 \pm 12.0$

n=488 Respondents aged 65 years and older.
Proportion of respondents 65 years or older who reported having had a flu shot during the previous 12 months.
Proportion of respondents 65 years or older who reported ever having had a pneumonia

vaccination.

### **High Blood Pressure**

Michigan Adults, 1999

Demographic Characteristics	Checke	Blood Pressure Checked Within Past Two Years <sup>1</sup>			Ever Told High Blood Pressure <sup>2</sup>			Told Blood Pressure High Twice or More <sup>3</sup>		
TOTAL	95.3	±	0.9	25.5	±	1.8	19.2	±	1.6	
AGE										
18-24 Years	96.6	±	2.4	7.1	$\pm$	3.5	2.2	±	1.7	
25-34 Years	94.8	$\pm$	2.1	11.2	$\pm$	2.9	5.6	$\pm$	2.1	
35-44 Years	92.8	$\pm$	2.3	12.6	$\pm$	3.0	10.4	$\pm$	2.8	
45-54 Years	94.0	$\pm$	2.5	30.1	$\pm$	4.7	26.0	$\pm$	4.5	
55-64 Years	97.3	$\pm$	2.1	47.1	$\pm$	6.2	35.6	$\pm$	6.0	
65-74 Years	98.0	$\pm$	1.8	53.6	$\pm$	6.5	43.0	$\pm$	6.5	
75+ Years	97.7	±	2.5	49.5	±	7.5	40.0	±	7.4	
GENDER										
Male	93.5	±	1.6	24.0	土	2.8	18.5	±	2.5	
Female	96.9	±	1.0	26.3	±	2.4	19.9	±	2.3	
RACE										
White	95.1	±	1.0	24.0	±	2.0	18.2	±	1.7	
Black	96.9	±	2.3	34.5	±	6.0	26.9	±	5.5	
EDUCATION										
Less than High School	95.5	±	2.9	36.4	$\pm$	6.7	27.5	±	6.0	
High School Graduate	92.9	±	2.0	29.1	±	3.4	21.9	±	3.1	
Some College	96.6	$\pm$	1.4	21.1	±	3.1	15.9	±	2.7	
College Graduate	96.6	±	1.5	20.8	±	3.3	16.7	±	3.1	
HOUSEHOLD INCOME										
<\$20,000	95.7	±	2.2	28.5	±	4.7	21.2	±	4.2	
\$20,000-34,999	94.1	±	2.1	29.5	±	4.0	22.3	±	3.6	
\$35,000-49,999	93.2	±	2.8	22.5	±	4.4	16.1	±	3.9	
\$50,000-74,999	95.4	±	2.1	17.1	±	4.0	14.0	±	3.6	
\$\$75,000	97.8	±	1.6	23.0	±	5.0	19.8	±	4.7	

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who reported having had their blood pressure checked within the past two years.

Among all respondents, the proportion who reported that they had ever been told by a health professional that their blood pressure was high.

Among all respondents, the proportion who had been told on more than one occasion that their blood pressure was high.

### **Cholesterol Indicators**

Michigan Adults, 1999

Demographic Characteristics		Cholesterol Ever Checked <sup>1</sup>		Checked Five	l With e Year		Ever Told Cholesterol Was High <sup>3</sup>		
TOTAL	76.3	±	1.9	71.1	±	2.0	32.1	±	2.3
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years	38.0 60.9 79.1 86.8 94.1 94.8	± ± ± ± ±	6.6 4.8 3.7 3.5 3.0 2.8	33.6 55.4 71.3 81.6 90.8 91.8	± ± ± ± ±	6.5 4.9 4.1 4.0 3.6 3.4	8.7 14.9 23.3 40.3 47.3	± ± ± ±	5.9 4.3 4.4 5.3 6.4 6.8
75+ Years	94.8 95.9	± ±	2.5	91.8	± ±	4.0	38.6	± ±	7.6
<b>GENDER</b> Male Female	73.5 78.9	± ±	3.0 2.4	66.5 75.2	± ±	3.2 2.5	31.6 32.5	± ±	3.5 2.9
RACE White Black	77.0 73.8	± ±	2.1 5.6	71.0 71.8	± ±	2.2 5.8	32.9 27.1	± ±	2.5 6.6
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	69.8 72.5 73.8 86.1	± ± ±	6.7 3.5 3.6 2.8	66.5 66.6 68.9 80.2	± ± ±	6.9 3.6 3.7 3.3	43.4 34.4 30.4 28.6	± ± ±	8.3 4.2 4.1 4.0
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	70.1 72.3 76.3 78.5 87.3	± ± ± ±	5.2 4.2 4.7 4.5 4.0	64.7 66.8 70.9 71.4 83.0	± ± ± ±	5.4 4.4 5.0 4.9 4.5	38.2 34.0 31.1 25.6 29.5	± ± ± ±	6.1 4.8 5.7 5.2 5.6

Proportion of respondents who reported ever having had their cholesterol checked.
 Proportion of respondents who reported having had their cholesterol checked within the previous five

<sup>&</sup>lt;sup>3</sup> Of respondents who had ever had their cholesterol checked, the proportion who had been told by a health professional that their cholesterol was high.

**Bicycle Helmet Use** Children in Household Ages 5 to 15<sup>1</sup> Michigan, 1999
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Oldest Child Does Not Always Wear a Bicycle Helmet <sup>2</sup>				
TOTAL	73.9	±	3.6		
RACE White Black	72.8 81.3	± ±	4.1 8.2		
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	80.7 76.5 80.0 60.6	± ± ±	14.0 5.9 5.7 7.8		
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	80.1 83.3 72.3 69.4 68.7	± ± ± ±	10.3 6.7 9.1 8.0 8.9		

<sup>&</sup>lt;sup>1</sup> n=656 respondents with a child in the household between the

ages of 5 and 15.

<sup>2</sup> Proportion of respondents who reported that the oldest child in the household between the ages of 5 and 15 did not always wear a bicycle helmet when riding a bicycle.

Smoke Detector Testing
Michigan Adults, 1999
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Tested Smoke Detector in Home Within Past Six Months <sup>1,2</sup>					
TOTAL	70.1	±	2.0			
AGE						
18-24 Years	65.4	±	7.0			
25-34 Years	70.9	±	4.5			
35-44 Years	72.7	±	4.1			
45-54 Years	67.4	±	4.9			
55-64 Years	71.0	±	5.9			
65-74 Years	73.3	±	6.0			
75+ Years	67.3	±	7.4			
RACE						
White	70.3	±	2.2			
Black	68.8	±	6.1			
EDUCATION						
Less than High School	74.3	±	6.4			
High School Graduate	70.9	±	3.6			
Some College	73.1	±	3.6			
College Graduate	64.0	±	4.0			
HOUSEHOLD INCOME						
<\$20,000	68.6	±	5.4			
\$20,000-34,999	72.1	±	4.1			
\$35,000-49,999	74.8	±	4.7			
\$50,000-74,999	72.0	±	4.9			
\$\$75,000	60.0	±	5.9			

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who reported that they or someone else had deliberately tested all smoke detectors in the home within the past six months.

<sup>2</sup> Proportion who reported that they did not have smoke detectors

in their home  $[2.1\pm 0.6]$ .

### **Oral Health**

Michigan Adults, 1999

Demographic Characteristics	No Dent	No Dental Care in Past Year <sup>1</sup>			eaned Year <sup>2</sup>	in Past		Six or More Teeth Removed <sup>3</sup>		
TOTAL	23.0	±	1.8	78.6	±	1.8	18.7	±	1.7	
AGE										
18-24 Years	19.7	$\pm$	5.4	81.6	$\pm$	5.2	1.2	$\pm$	1.3	
25-34 Years	28.4	$\pm$	4.4	70.8	$\pm$	4.5	2.5	$\pm$	1.5	
35-44 Years	19.4	$\pm$	3.6	80.8	$\pm$	3.7	10.2	$\pm$	2.8	
45-54 Years	16.5	$\pm$	3.6	83.1	$\pm$	3.8	20.0	$\pm$	4.0	
55-64 Years	25.0	$\pm$	5.5	74.4	$\pm$	5.8	36.6	$\pm$	6.1	
65-74 Years	28.4	$\pm$	6.0	80.8	$\pm$	5.7	49.9	$\pm$	6.7	
75+ Years	30.6	±	6.9	81.9	±	6.6	50.4	±	7.7	
GENDER										
Male	26.6	$\pm$	2.9	74.3	±	3.0	17.2	$\pm$	2.4	
Female	19.8	±	2.2	82.6	±	2.2	20.1	$\pm$	2.3	
RACE										
White	21.4	$\pm$	1.9	79.8	±	3.0	17.5	±	1.7	
Black	33.9	±	6.0	71.4	±	2.2	27.3	±	5.8	
EDUCATION										
Less than High School	44.7	$\pm$	7.0	55.1	±	7.9	45.2	±	7.1	
High School Graduate	27.0	$\pm$	3.3	76.4	±	3.3	22.2	$\pm$	3.1	
Some College	21.0	$\pm$	3.3	80.8	±	3.2	16.3	$\pm$	2.8	
College Graduate	12.4	±	2.7	86.1	±	2.9	7.5	±	2.2	
HOUSEHOLD INCOME										
<\$20,000	40.3	$\pm$	5.3	62.4	±	5.7	35.0	±	5.2	
\$20,000-34,999	29.3	$\pm$	4.1	72.7	±	4.2	25.3	$\pm$	3.8	
\$35,000-49,999	20.9	$\pm$	4.4	79.4	$\pm$	4.6	13.7	±	3.8	
\$50,000-74,999	15.6	$\pm$	3.9	85.2	±	3.9	9.7	±	3.1	
\$\$75,000	7.5	±	3.0	91.4	$\pm$	3.4	6.6	$\pm$	3.1	

Proportion of respondents who reported no dental visits in the past year for any reason.
 Proportion of respondents who reported having had their teeth cleaned by a dentist or dental hygienist within the past year.

<sup>&</sup>lt;sup>3</sup> Proportion of respondents who reported the removal of six or more permanent teeth because of tooth decay or gum disease.

### **Alcohol Use**

Michigan Adults, 1999 (in percentages with 95% confidence interval limits)

Demographic Characteristics	Consumed Any Alcohol in Past Month <sup>1</sup>			I	Heavy Drinking	2
TOTAL	59.0	±	2.1	5.3	±	1.0
AGE						
18-24 Years	71.1	$\pm$	6.0	9.8	$\pm$	4.1
25-34 Years	65.5	±	4.6	5.4	$\pm$	2.3
35-44 Years	64.1	±	4.3	4.5	$\pm$	2.2
45-54 Years	59.6	±	4.9	5.4	$\pm$	2.6
55-64 Years	51.1	±	6.2	4.0	$\pm$	2.3
65-74 Years	45.9	±	6.5	4.6	$\pm$	2.8
75+ Years	34.0	±	7.0	2.7	±	2.3
GENDER						
Male	67.5	±	3.1	9.5	$\pm$	2.0
Female	51.2	$\pm$	2.8	1.4	$\pm$	0.7
RACE						
White	61.2	±	2.3	5.7	±	1.2
Black	46.9	±	6.3	4.0	±	2.7
EDUCATION						
Less than High School	41.3	±	6.9	6.3	$\pm$	3.6
High School Graduate	55.8	$\pm$	3.7	6.5	$\pm$	2.1
Some College	60.6	$\pm$	3.8	5.0	$\pm$	1.8
College Graduate	68.0	±	3.8	3.9	±	1.6
HOUSEHOLD INCOME						
<\$20,000	47.6	±	5.4	5.1	土	2.5
\$20,000-34,999	56.0	±	4.4	6.2	土	2.3
\$35,000-49,999	62.2	±	5.2	5.4	土	2.8
\$50,000-74,999	64.5	±	5.1	5.6	土	2.5
\$\$75,000	75.4	±	4.9	4.1	±	2.5

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who reported having had at least one alcoholic drink in the past month.

 $<sup>^{2}</sup>$  Heavy drinking was defined as sixty or more alcoholic beverages on average consumed in the past month.

### **Alcohol Use**

### Michigan Adults, 1999

Demographic Characteristics		Binge Drinking <sup>1</sup>			ing and D	riving <sup>2</sup>
TOTAL	19.1	±	1.8	3.3	±	0.8
AGE						
18-34 Years	31.5	±	3.8	6.6	$\pm$	2.0
35-54 Years	17.1	±	2.6	2.4	$\pm$	1.1
55+ Years	7.6	±	2.1	0.8	±	0.6
GENDER						
Male	29.3	±	3.1	5.6	$\pm$	1.6
Female	9.9	±	1.7	1.2	±	0.6
RACE						
White	20.2	±	2.0	3.5	$\pm$	0.9
Black	15.0	±	4.9	2.7	±	2.4
EDUCATION						
Less than High School	14.4	±	5.2	0.7	±	1.2*
High School Graduate	20.8	$\pm$	3.2	3.3	$\pm$	1.4
Some College	19.6	±	3.3	4.4	$\pm$	1.7
College Graduate	18.5	±	3.3	3.0	±	1.4
HOUSEHOLD INCOME						
<\$20,000	17.2	±	4.3	2.9	$\pm$	2.1
\$20,000-34,999	20.4	±	3.8	2.9	$\pm$	1.7
\$35,000-49,999	19.6	$\pm$	4.4	3.9	$\pm$	2.2
\$50,000-74,999	20.2	±	4.4	5.2	$\pm$	2.5
\$\$75,000	22.4	±	5.0	3.8	±	2.2

<sup>&</sup>lt;sup>1</sup>Proportion of respondents who reported that they had five or more alcoholic beverages per occasion at least once in the past month.

<sup>&</sup>lt;sup>2</sup>Proportion of respondents who said they had driven a car after having had "perhaps too much to drink."

<sup>\*</sup>Confidence interval (95%) exceeds range of possible estimates.

### **Colorectal Cancer**

Adults 50 Years of Age and Older<sup>1</sup> Michigan, 1999

Demographic Characteristics	Ever Had Blood Stool Test <sup>2</sup>	Had Blood Stool Test in Past Year <sup>3</sup>		Ever Had Sigmoidoscopy/ Colonoscopy <sup>4</sup>			Had Sigmoidoscopy/ Colonoscopy Test in Past Five Years <sup>5</sup>		
TOTAL	50.2 ± 3.4	24.2 ±	3.0	49.7	±	3.5	40.0	±	3.4
AGE 50-59 Years 60-69 Years 70+ Years	42.8 ± 5.5 56.3 ± 6.6 54.5 ± 5.8	21.5 ± 26.8 ± 25.5 ±	5.8	40.5 55.1 56.6	± ± ±	5.5 6.5 5.8	32.0 43.5 47.0	± ± ±	5.2 6.6 6.0
GENDER Male Female	48.4 ± 5.4 51.7 ± 4.4	26.8 ± 25.5 ±	0.0	57.6 43.4	± ±	5.4 4.4	49.1 32.7	± ±	5.5 4.2
RACE White Black	51.0 ± 3.6 44.1 ± 11.9	23.8 ± 25.3 ±		50.3 45.6	± ±	3.7 11.9	40.4 37.7	± ±	3.6 11.5
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	25.2 ± 21.3 ± 27.2 ± 25.0 ±	4.6 6.3	47.7 42.8 54.0 56.6	± ± ±	9.2 5.7 6.8 7.0	38.4 34.3 41.8 47.3	± ± ±	8.9 5.5 6.8 7.1
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$44.0 \pm 7.5$ $56.4 \pm 6.6$ $49.7 \pm 9.8$ $44.9 \pm 10.1$ $56.0 \pm 10.4$	20.5 ± 27.8 ± 26.0 ± 23.6 ± 28.3 ±	5.9 8.5 8.6	52.1 51.4 53.9 36.0 52.7	± ± ± ±	7.6 6.7 9.8 9.5 10.4	38.4 43.0 44.0 30.8 42.9	± ± ± ±	7.4 6.6 9.7 9.1 10.5

<sup>&</sup>lt;sup>1</sup> n=969 adults aged 50 years and older.

<sup>&</sup>lt;sup>2</sup> Proportion of respondents aged 50 or older who reported ever having had a blood stool test using a home kit.

<sup>&</sup>quot;A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?"

<sup>&</sup>lt;sup>3</sup> Proportion of respondents aged 50 and older who reported having taken a blood stool test using a home kit within the past year.

<sup>&</sup>lt;sup>4</sup>Proportion of respondents aged 50 or older who reported ever having had a sigmoidoscopy or colonoscopy. "A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam?"

<sup>&</sup>lt;sup>5</sup> Proportion of respondents aged 50 and older who reported having had a sigmoidoscopy or colonoscopy examination within the past five years.

### **Prostate Cancer**

Adult Males 50 Years of Age and Older<sup>1</sup> Michigan, 1999

Demographic Characteristics	Discussed PSA Testing with Doctor <sup>2</sup>			Eve	Ever Had PSAtest <sup>3</sup>		
TOTAL	51.5	±	5.7	58.5	±	5.8	
AGE 50-59 Years 60-69 Years 70+ Years	47.7 65.0 46.1	± ± ±	8.5 10.7 10.6	49.1 74.8 61.5	± ± ±	8.7 9.9 10.5	
EDUCATION  Less than High School or  High School Graduate	47.2	±	8.7	55.2	±	9.0	
Some College or College Graduate	55.1	±	7.6	61.2	±	7.5	
HOUSEHOLD INCOME <\$35,000 \$35,000 +	43.8 58.8	± ±	8.7 8.3	57.2 60.2	± ±	9.1 8.3	

 $<sup>^{1}</sup>$  n=396 adult males aged 50 years and older who had never been told they had prostate cancer.

<sup>&</sup>lt;sup>2</sup> A PSA test or prostate specific antigen test is a blood test that is used to help detect prostate cancer in men before they show any symptoms. "Have you and your doctor ever discussed the benefits and risks of using the PSA test in this way?"

<sup>&</sup>lt;sup>3</sup> "Have you ever had a PSA test?"

### **Skin Cancer Indicator**

Michigan Adults, 1999
(in percentages with 95% confidence interval limits)

Demographic Characteristics	Had a Sunburn in Past Year <sup>1</sup>				
TOTAL	41.2	±	2.1		
AGE					
18-24 Years	62.8	土	6.4		
25-34 Years	55.6	±	4.8		
35-44 Years	50.9	±	4.5		
45-54 Years	37.9	±	4.9		
55-64 Years	26.0	±	5.4		
65-74 Years	15.4	±	4.8		
75+ Years	3.5	±	2.7		
GENDER					
Male	46.1	±	3.3		
Female	36.8	±	2.7		
RACE					
White	47.4	±	2.3		
Black	4.4	±	2.5		
EDUCATION					
Less than High School	24.7	±	6.2		
High School Graduate	38.9	±	3.7		
Some College	45.0	±	3.9		
College Graduate	46.2	±	4.0		
HOUSEHOLD INCOME					
<\$20,000	27.8	±	5.0		
\$20,000-34,999	37.3	±	4.3		
\$35,000-49,999	46.3	±	5.3		
\$50,000-74,999	54.6	$\pm$	5.3		
\$\$75,000	53.5	$\pm$	5.8		

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who reported that they had a sunburn in the past year.

Number of Sunburns in Past Year<sup>1</sup>
Michigan Adults, 1999
(in percentages with 95% confidence interval limits)

Demographic Characteristics		ne or Ty Sunburr			ree or F Sunburi			ve or M Sunburr	
TOTAL	61.4	±	3.4	20.1	±	2.8	16.5	±	2.6
AGE									
18-34 Years	55.7	$\pm$	5.3	23.2	$\pm$	4.4	21.1	$\pm$	4.4
35-54 Years	66.2	$\pm$	4.8	20.0	±	4.1	11.8	$\pm$	3.5
55+ Years	66.7	±	9.4	17.8	±	7.3	15.5	±	7.9
GENDER									
Male	58.9	±	4.9	22.0	±	4.0	19.1	±	4.0
Female	64.3	$\pm$	4.5	22.2	$\pm$	3.8	13.5	$\pm$	3.3
EDUCATION Less than High School or High School Graduate	64.8	±	5.5	19.9	±	4.5	15.3	±	4.3
Some College or College Graduate	59.4	±	3.4	23.3	±	3.6	17.3	±	3.4
HOUSEHOLD INCOME									
<\$35,000	60.3	$\pm$	6.1	20.3	$\pm$	4.8	19.4	$\pm$	5.1
\$35,000 +	60.6	$\pm$	4.4	23.8	$\pm$	3.7	15.6	$\pm$	3.4

<sup>&</sup>lt;sup>1</sup>Of those respondents who reported having had a sunburn in the past year (n=999).

## Stroke Knowledge and Awareness Identification of Risk Factors<sup>1</sup>

Michigan Adults, 1999

Demographic Characteristics	No Correct Risk Factors	One Correct Risk Factor	Two Correct Risk Factors	Three Correct Risk Factors
TOTAL	$35.0   \pm  2.1$	40.4 ± 2.1	21.7 ± 1.8	2.9 ± 0.7
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years 75+ Years	$52.4   \pm   6.8$ $39.9   \pm   4.6$ $30.9   \pm   4.2$ $28.0   \pm   4.6$ $27.9   \pm   5.6$ $36.5   \pm   6.4$ $44.4   \pm   7.7$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
GENDER  Male Female	37.3 ± 3.2 33.1 ± 2.6	$39.6 \pm 3.3  41.0 \pm 2.7$	$\begin{array}{cccc} 20.4 & \pm & 2.7 \\ 22.8 & \pm & 2.3 \end{array}$	$\begin{array}{cccc} 2.7 & \pm & 1.0 \\ 3.1 & \pm & 1.0 \end{array}$
RACE White Black	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccc} 22.2 & \pm & 1.9 \\ 20.1 & \pm & 5.1 \end{array}$	$\begin{array}{cccc} 3.0 & \pm & 0.8 \\ 2.1 & \pm & 1.8 \end{array}$
EDUCATION  Less than High School High School Graduate Some College College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccc} 20.2 & \pm & 5.9 \\ 18.6 & \pm & 2.9 \\ 20.3 & \pm & 3.2 \\ 27.5 & \pm & 3.6 \end{array}$	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{rcl} 18.1 & \pm & 4.4 \\ 15.8 & \pm & 3.2 \\ 25.5 & \pm & 4.6 \\ 27.1 & \pm & 4.6 \\ 25.2 & \pm & 5.0 \end{array} $	$ \begin{array}{rcl} 1.9 & \pm & 1.3 \\ 2.4 & \pm & 1.2 \\ 3.6 & \pm & 1.8 \\ 5.2 & \pm & 2.5 \\ 3.5 & \pm & 2.2 \end{array} $

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who were able to identify no, one, two, or three important risk factors for stroke. "From anything that you have heard or read, what do you think are the three most important risk factors for stroke, that is things which make it more likely that someone will have a stroke?" Correct risk factors included: high blood pressure, smoking, diabetes, age, race, gender, heart disease, and high cholesterol.

Confidence interval (95%) exceeds range of possible estimates.

# Stroke Knowledge and Awareness Identification of Warning Signs That Stroke has Occured<sup>1</sup>

Michigan Adults, 1999

Demographic Characteristics	No Correct Warning Signs	One Correct Warning Sign	Two Correct Warning Signs	Three Correct Warning Signs
TOTAL	30.7 ± 2.0	24.8 ± 1.9	30.2 ± 2.0	14.3 ± 1.5
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years 75+ Years	$57.8 \pm 6.7$ $28.5 \pm 4.4$ $28.4 \pm 4.1$ $22.1 \pm 4.3$ $22.2 \pm 5.4$ $25.1 \pm 5.7$ $37.0 \pm 7.5$	$\begin{array}{rcl} 25.1 & \pm & 5.9 \\ 26.9 & \pm & 4.4 \\ 23.5 & \pm & 3.8 \\ 23.0 & \pm & 4.4 \\ 21.9 & \pm & 5.2 \\ 28.4 & \pm & 6.0 \\ 26.6 & \pm & 7.0 \end{array}$	$   \begin{array}{rcrr}     13.4 & \pm & 4.5 \\     31.2 & \pm & 4.6 \\     34.0 & \pm & 4.3 \\     33.8 & \pm & 4.8 \\     36.8 & \pm & 6.0 \\     28.2 & \pm & 5.9 \\     28.6 & \pm & 7.1    \end{array} $	$3.7 \pm 2.1$ $13.4 \pm 3.3$ $14.1 \pm 3.1$ $21.1 \pm 4.2$ $19.1 \pm 4.8$ $18.3 \pm 5.4$ $7.8 \pm 4.1$
GENDER Male Female  RACE	35.1 ± 3.2 26.6 ± 2.5	25.3 ± 2.9 24.3 ± 2.4	27.4 ± 3.0 32.8 ± 2.6	12.2 ± 2.1 16.3 ± 2.0
White Black	$ \begin{array}{rcl} 29.2 & \pm & 2.2 \\ 37.4 & \pm & 6.2 \end{array} $	$25.0 \pm 2.1$ $24.4 \pm 5.4$	$30.8 \pm 2.2$ $27.9 \pm 5.7$	$15.0 \pm 1.6$ $10.3 \pm 3.8$
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	28.9 ± 6.4 25.7 ± 3.3 26.7 ± 3.5 20.1 ± 3.3	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	$ 38.6 \pm 5.3  35.1 \pm 4.4  27.9 \pm 4.8  23.2 \pm 4.6  23.4 \pm 5.0 $	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{rcl} 28.3 & \pm & 4.8 \\ 27.0 & \pm & 3.9 \\ 32.7 & \pm & 5.0 \\ 36.0 & \pm & 5.1 \\ 32.0 & \pm & 5.4 \end{array} $	$9.4 \pm 3.0$ $12.1 \pm 2.8$ $14.8 \pm 3.6$ $17.1 \pm 3.9$ $23.3 \pm 5.0$

<sup>&</sup>lt;sup>1</sup> Proportion of respondents who were able to identify no, one, two, or three warning signs for stroke. "From anything you have heard or read, what do you think are the three most important signs of stroke?" Correct warning signs included: severe headache, dizziness, problems with vision, slurred speech, disorientation, difficulty understanding, weakness or numbness, especially on one side.

## Stroke Knowledge and Awareness First Response to Stroke<sup>1</sup> Michigan Adults, 1999

Demographic Characteristics	Call 911 or Take Them to The Emergency Room	Call Their Doctor or Take Them to Their Doctor	Other Incorrect Response <sup>2</sup>	Don't Know
TOTAL	83.8 ± 1.6	2.9 ± 0.7	9.8 ± 1.3	$3.5  \pm \ 0.8$
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years 75+ Years	85.3 ± 4.9 88.3 ± 3.2 86.9 ± 3.0 81.0 ± 4.0 81.0 ± 4.9 80.4 ± 5.2 74.8 ± 6.5	$ \begin{array}{rcl} 1.1 & \pm & 1.1 \\ 1.5 & \pm & 1.1 \\ 1.9 & \pm & 1.2 \\ 3.5 & \pm & 1.8 \\ 5.1 & \pm & 2.7 \\ 4.4 & \pm & 2.5 \\ 6.4 & \pm & 3.6 \end{array} $	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
GENDER  Male Female	79.7 ± 2.6 87.4 ± 1.8	$ \begin{array}{cccc} 2.7 & \pm & 1.0 \\ 3.2 & \pm & 0.9 \end{array} $	$   \begin{array}{ccccccccccccccccccccccccccccccccccc$	4.8 ± 1.5 2.3 ± 0.8
RACE White Black	84.7 ± 1.7 78.8 ± 5.2	$\begin{array}{cccc} 2.8 & \pm & 0.7 \\ 3.1 & \pm & 2.3 \end{array}$	$9.7 \pm 1.4$ $10.8 \pm 3.7$	$\begin{array}{ccc} 2.8 & \pm & 0.8 \\ 7.3 & \pm & 3.5 \end{array}$
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$ \begin{array}{rcl} 14.3 & \pm & 5.1 \\ 9.3 & \pm & 2.2 \\ 7.8 & \pm & 2.1 \\ 10.8 & \pm & 2.5 \end{array} $	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	80.3 ± 4.2 82.2 ± 3.5 84.0 ± 3.9 86.8 ± 3.7 86.7 ± 3.8	$4.0   \pm 1.9  2.0   \pm 1.2  3.3   \pm 1.8  1.9   \pm 1.5  3.9   \pm 2.1$	$9.4 \pm 3.0$ $11.6 \pm 2.9$ $9.2 \pm 3.2$ $8.9 \pm 3.0$ $8.8 \pm 3.2$	$6.3   \pm 2.8  4.2   \pm 1.9  3.5   \pm 1.9  2.4   \pm 1.8  0.6   \pm 0.8^*$

<sup>&</sup>lt;sup>1</sup> "If you thought someone were having a stroke, what would you do first?" Some response categories were combined. <sup>2</sup> Responses that did not match designated categories but were determined to be incorrect actions.

Confidence Interval (95%) exceeds range of possible estimates.

### Stroke Knowledge and Awareness Timeliness of Medical Treatment for Stroke<sup>1</sup>

Michigan Adults, 1999

Demographic Characteristics	Immediately	Not Immediately	Don't Know	
TOTAL	89.3 ± 1.4	6.5 ± 1.1	4.2 ± 0.9	
AGE 18-24 Years 25-34 Years 35-44 Years 45-54 Years 55-64 Years 65-74 Years 75+ Years	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	$7.7 \pm 3.3$ $5.8 \pm 1.7$ $7.7 \pm 1.4$ $6.6 \pm 1.9$ $6.0 \pm 2.5$ $3.9 \pm 2.7$ $5.6 \pm 4.6$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	
<b>GENDER</b> Male Female	87.6 ± 2.2 90.9 ± 1.6	6.6 ± 1.6 6.3 ± 1.4	5.8 ± 1.5 2.8 ± 0.9	
RACE White Black	89.5 ± 1.5 89.0 ± 4.0	$\begin{array}{cccc} 6.8 & \pm & 1.2 \\ 4.2 & \pm & 2.8 \end{array}$	$3.7 \pm 0.9$ $6.8 \pm 3.1$	
EDUCATION  Less than High School  High School Graduate  Some College  College Graduate	89.2 ± 4.6 88.6 ± 2.4 90.0 ± 2.4 89.4 ± 2.5	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	
HOUSEHOLD INCOME <\$20,000 \$20,000-34,999 \$35,000-49,999 \$50,000-74,999 \$\$75,000	88.2 ± 3.7 90.6 ± 2.6 89.4 ± 3.3 88.6 ± 3.5 91.8 ± 3.0	$4.7   \pm 2.5  6.0   \pm 2.1  8.8   \pm 3.1  7.3   \pm 2.8  6.9   \pm 2.7$	$\begin{array}{cccccccccccccccccccccccccccccccccccc$	

<sup>&</sup>lt;sup>1</sup> "How long after a person first shows signs of a stroke do you think they should receive medical treatment?"